



## POBUL REDDY PUBLIC SCHOOL

JUBILEE HILLS, HYDERABAD

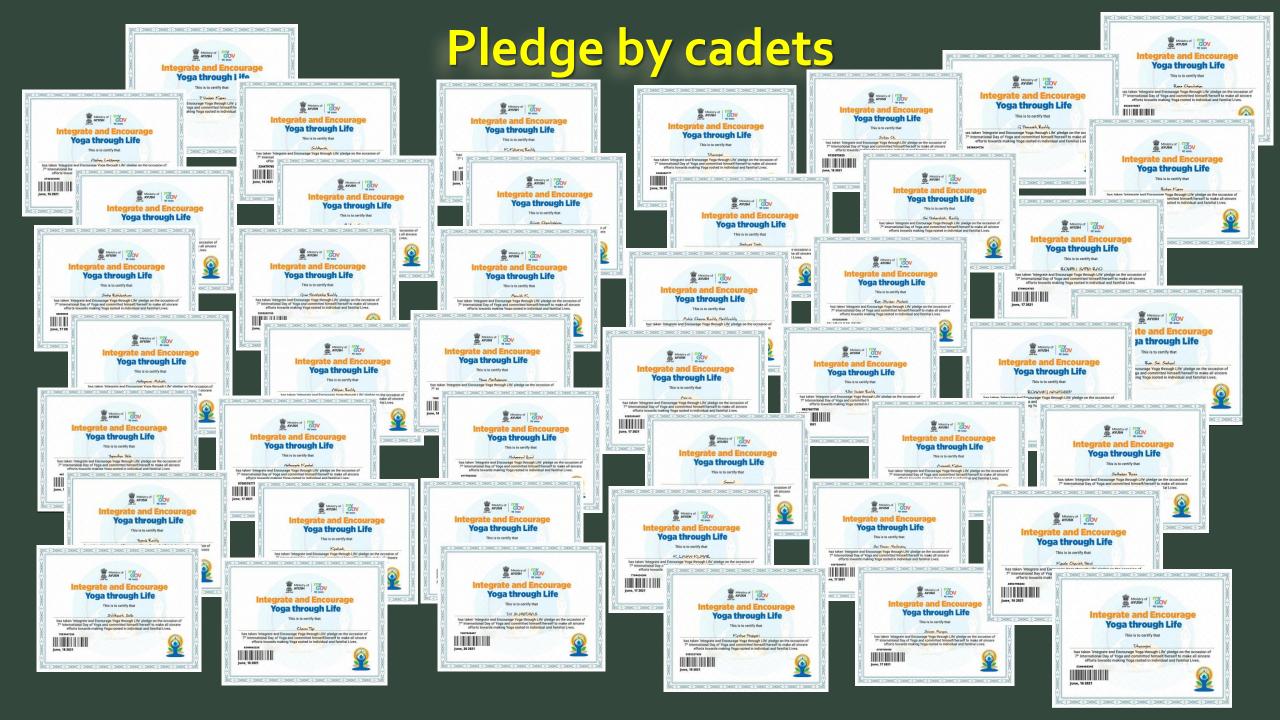
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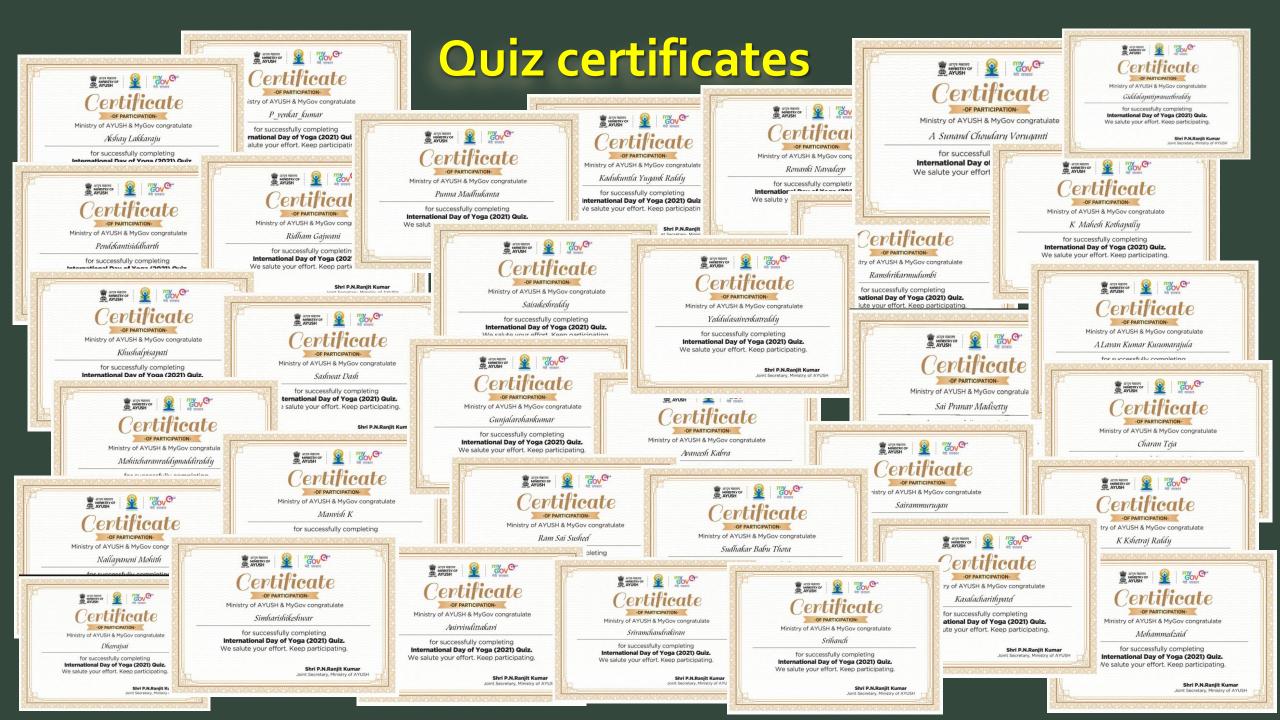
The International Day of Yoga has been celebrated annually on 21 June since 2015, following its inception in the United Nations General Assembly in 2014.

The Indian Prime Minister, Narendra Modi, in his UN address in 2014, had suggested the date of 21st June, as it is the longest day of the year in the Northern Hemisphere and shares a special significance in many parts of the world.

## **ASANAS**









## Yoga Postures by cadets





















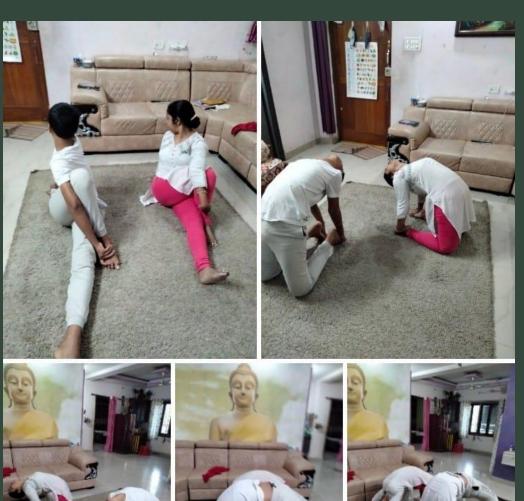
















































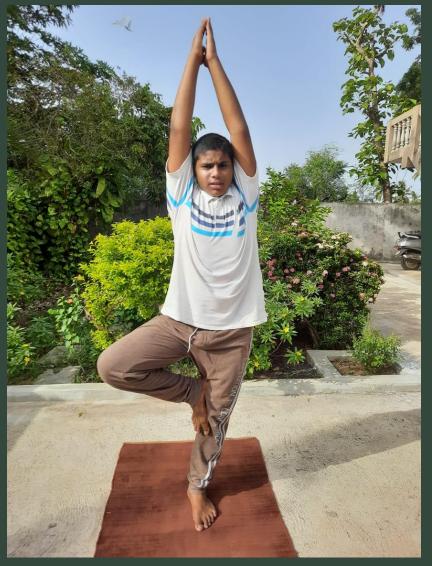














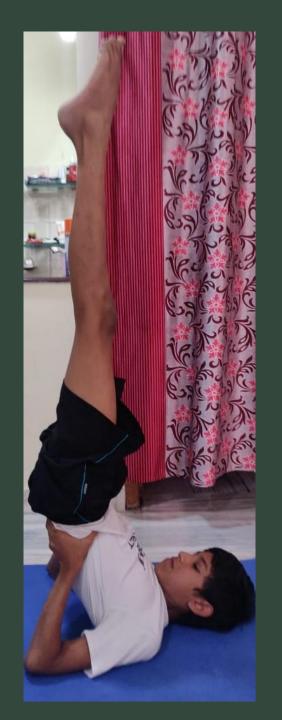




























Jai Hind